FEB- MORNING ELDERCARE 2024

CAT 3

MARKS: 50

TIME: 1 HOUR

MULTIPLE CHOICE QUESTIONS

1. You wear utility gloves for contact with
2. Blood
3. Body fluids
4. Secretions and excretions
5. Cleaning solutions
6. A person starts to fall. Your first action is to…
7. Try to prevent the fall
8. Call for help
9. Lower the person to the floor
10. Bring the person close to your body as first as possible
11. To help prevent falls, you need to report…
12. Equipment and supplies being on one side of the hall way
13. A floor cushion beside the bed
14. A core-worker pulling a wheelchair through the doorway
15. Clutter on stairway
16. You found a person lying on the floor. What should you do?
17. Lock the bed wheels
18. Apply a gait belt
19. Call for a nurse
20. Help the person back to bed
21. You observe the following in the person’s room. Which is unsafe?
22. The lamp cord is by the chair
23. The chair has armrests
24. The night light is on
25. The bed is in a low position
26. A gait belt is applied…
27. To the skin
28. Over the breasts
29. Under the robe
30. Over clothing at the waist
31. When using a cane walking up the stairs,
32. The bad leg goes up first
33. The good leg goes up first
34. Take the first step using the cane
35. Any of the above
36. Caregivers work under the supervision of
37. Family
38. The patient
39. The nurse
40. Doctors
41. When transferring the person to bed, a chair, or the wheelchair
42. The weak side moves first
43. The strong side moves first
44. The gait belt is removed
45. Pillows are used for support
46. After a transfer, which should you do *first*?
47. Place the call light within reach
48. Record the procedure
49. Report to the nurse
50. Return the mechanical lift to the storage
51. While in a wheelchair the person’s feet…
52. Must be flat on the floor
53. Are positioned on foot rests
54. Dangled
55. Are positioned on pillows
56. Which statement about Standard Precautions is *true?*
57. They are used for all persons
58. The 3 types are contact, droplet, and air-bone.
59. They require a doctor’s order
60. They are used only in hospitals
61. You were exposed to a bloodborne pathogen. Which is *true*?
62. You do not have to report the exposure
63. You can refuse HIV and HBV testing
64. You pay for required tests
65. The source individual can refuse testing
66. You are on sterile gloves, you can touch…
67. Anything on your work surface
68. Anything below your waist
69. Anything on the sterile field
70. Any part of your uniform
71. You will transfer a person from a stretcher to the bed. Which bed should you make?
72. Closed bed
73. Surgical bed
74. Occupied bed
75. Open bed

**SHORT ANSWERED QUESTIONS**

1. Define the following terms in relation to personalized centred care and attention; 3mks
2. Individuality
3. Privacy
4. Choice
5. State 5 factors that hinder effectiveness of hand hygiene. 5 mks
6. State the 5 moments of hand hygiene according to WHO. 5mks
7. Discuss 3 types of gloves. 3 mks
8. Discuss 5 waste segregation according to the color codes. 5 mks
9. Discuss the levels of health care in Kenya. 6 mks
10. State 4 factors that led to changing roles in healthcare in Kenya. 4 mks
11. List 4 comfort devices and 4 assistive devices. 4 mks